

**Selby & District**  
**u3a**  
**Newsletter**  
**November 2024**



## **Welcome to Selby & District November Newsletter.**

You'll have seen from our Secretary's message that Jo Sharpe, our Chair, has resigned from the Committee. Consequently, the Committee is a bit thin on the ground to carry out the roles and tasks they – and you – would like them to do and I'm asking you whether you could offer support either as a co-opted committee member until our AGM or in other ways. If you think you could help, have a chat with Paul Twiddy, our Secretary, either at next week's monthly meeting which is on Wednesday 6<sup>th</sup> November, or at the next Drop In at Barco Lounge on Wednesday 13<sup>th</sup> November.

## **Our Next Monthly Meeting...**



Our next monthly meeting is on Wednesday 6<sup>th</sup> November at Thorpe Willoughby Village Hall when we will hear Eric Jackson telling us the fascinating story of the development and establishment of War Memorials after the First World War together with a detailed account of how and why the Unknown Warrior was chosen to represent all the fallen.

Doors open at 10.00, refreshments are served until 10.25 and the meeting will start at 10.30. We will also have our usual raffle.

If you have any raffle prizes for our December raffle, please bring them to this meeting.

## **Also happening this month...**

Here's a selection of events happening in November. A full list can be found on our website [here](#) .

Wednesday 6 <sup>th</sup> November 10.30-12.00	Monthly General Meeting	Thorpe Willoughby Village Hall
Wednesday 6 <sup>th</sup> November 1.00-2.00pm	Tai Chi	Cost £4.00 (cash please) Contact John Richardson
Thursday 7 <sup>th</sup> November 2.00-3.00	Tai Chi	Cost £4.00 (cash please) Contact John Richardson
Thursday 7 <sup>th</sup> November 2.00-4.00	Dark Skies	Contact Michael Hewan
Friday 8 <sup>th</sup> November 2.00-3.00	Tai Chi	Cost £4.00 (cash please) Contact John Richardson
Wednesday 13 <sup>th</sup> November 10.00-12.00	Drop In for A Cuppa	Barco Lounge, Market Cross
Wednesday 27 <sup>th</sup> November 10.00-12.00	Drop In for A Cuppa	Barco Lounge, Market Cross
Friday 29 <sup>th</sup> November	Workshop on a Seasonal Theme (one place left)	Selby Bowling Club Contact Anne Selwyn
Friday 29 <sup>th</sup> November 2.00pm	Philosophy <b>**New Group**</b>	Selby Bowling Club Committee Room Contact John Richardson

## Share A Skill Workshops

Here are some pictures from recent workshops plus a preview of November's.



For information or to book a place on these workshops please contact Anne Selwyn [here](#)

Friday 29 <sup>th</sup> November	Workshop on a Seasonal Theme	Selby Bowling Club. Cost tba One place left
31 <sup>st</sup> January 2025	Decorate a vase	Selby Bowling Club. Cost tba
28 <sup>th</sup> February 2025	Decorate a box with some new techniques for things you love to keep (February being a month of love/valentine)	Selby Bowling Club. Cost tba

## News from the Groups...

### Art Group

Over recent weeks and months the Art group has been delighted to welcome a further influx of new members, some looking to take their first tentative steps in Art, perhaps for the first time since their long-ago school days. We understand how daunting this might feel so our ongoing series of 'In house' tutorials have been designed to lay down solid foundations, covering the basics on which to build understanding of methods and techniques that work for each of the mediums being used.

Each tutorial will be led by one of our experienced artists, who sets out and shares their know-how in easy-to-follow steps using a variety of media. However, there is no doubting the popularity and interest in Watercolour painting and there's no better exponent of working with this medium than the latest addition to our Leadership team, Julie Harrand. Over the past three weeks, Julie has started completely from scratch with, 'what paper, brushes and paints to use; how to stretch the paper; the techniques for laying down simple and graduated washes'; and on from there through each of the stages to completing the painting.

Over half of our 44 active members took part, including experienced artists looking to give Watercolour painting a try for the first time.

Here is Julie's finished painting of her chosen subject. The interpretations of the subject produced by her fellow artists will feature in the '2024 Tutorial round up' in the December Newsletter. The important thing to remember is that there's no 'right and wrong' in this, no benchmark to reach, just the incredible sense of achievement that comes with producing your first piece of Artwork.



David Dixon

### Chess Group

The Chess group continues to attract new members of all abilities.

This month we used a grant from the u3a Committee to purchase 3 new full size chess sets that are kept at the Bowling Club.

Michael Hewan

### Confab

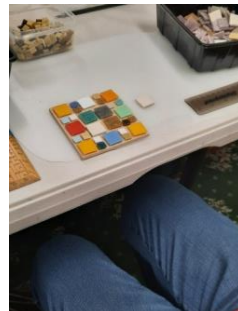
The Confab Group has re-started again. It has had it's first online Zoom meeting with good discussions on various topics, new members welcome.

Michael Hewan

### Monday Craft Group

After regularly meeting throughout August, with much smaller numbers due to holidays and grandparenting duties, we commenced Autumn with several new members and a project that few of us had attempted before: Mosaics! Despite some very ambitious (and potentially) expensive ideas at the start, we decided it might be better to start something simple in order to learn the basic skills. The first attempt was to make coasters, which proved very successful, as can be seen in the following pictures.

Rosemary Dunnill



### Philosophy Group

The Philosophy Group held its planning meeting on 18th October: a small but convivial gathering.

Our first full meeting will be on Friday 29th November at 2pm in Selby Bowling Club's Committee Room, when I propose that we discuss some specimen questions (circulated by John our Groups Coordinator) and an initial introduction to ethics. After that, it will be on each 4th Friday.

Why philosophy? Why not? Rather than being off-putting, the subject can be fascinating, covering as it does all of human life and beyond. It enhances the quality of life by enabling us to understand the world better; and since its beginnings it has developed through constructive and friendly conversation. That will be the group's focus - along with homework, largely via YouTube.

Lindsay Gee

### Knife & Fork Evening Group



October found 14 of us at Spuds and Berries for their Friday evening special. Lovely fresh food and you know it will top quality. We had booked back to ensure a place and a good job as every table was taken.

Jan Tetley

### Board Games

A group of 10 players attended the last board games meeting to play Mahjong, backgammon and dominoes and, as usual, had a fun sociable afternoon.

Maureen Sherry

### Engineering Past & Present (formerly Steam & Steel)

The Steam and Steel group, provisionally renamed 'Engineering Past and Present' recently went on a trip to the National Coal Mining Museum. Eleven members attended. Our next meeting is on Tuesday 12 November when we will arrange our next trip which is to Leeds Industrial Museum.



Patrick Bennett

### Knit & Natter

The Knit & Natter Group have been busy making little hats for newborn babies. Here's some feedback from Nicole, one of the Midwives at Hull Royal Infirmary.



*“One of my favourite parts about Midwifery is choosing hats for the newborn babies.*

*Although it sounds very minor, it's these little things that make a big difference to the families I care for.*

*Every baby I look after will get a home-made knitted hat. Usually knitted by my Mum, my Nanna (Gill Edmonds) and my Nanna's U3A friends.*

*The parents-to-be love choosing one from a wide selection of colours and patterns. It is a very precious gesture, that is very special to the women and their new baby”*

The Group has also donated blankets to the baby unit and end of life care

Annella Law

## Walking Group



The walking Group enjoyed a walk around Wistow Lordship recently.

Beautiful weather!

## ***November Groups Updates***

**Clay Pigeon Shooting Group.** No further news on this project just yet, but a reminder that we all have a life outside of U3A and other things sometimes take priority. Hopefully more news later.

**Confab 2** has had one successful meeting and Michael Hewan will welcome members to join this group. They meet by ZOOM on the first Monday of each month from 13:30hrs. Contact Michael (text 07342 129929) to obtain the link if you wish to join in the discussions.

**The Philosophy Group** A small group of members met and planning discussions were held. Six keen members were away on holiday (not all together!) so the next meeting will shape things to come. The intention is to meet on the Fourth Friday afternoon from 14:00hrs every month though the next meeting will be on the 29<sup>th</sup> November as Group Leader Lindsay is on holiday earlier in the month. All members welcome.

**Tai Chi Group(s)** The response to this initiative led by Anne Nelmes has been beyond expectations. We are to have three separate groups commencing on the first week of November. The venue is the Scout & Guide HQ in Brayton (commonly known as the Scout Hut) and the meetings will be on Wednesday, Thursday and Friday afternoons weekly. All members of the group are registered already though there are a few places still available. Please do not just “turn up” as you will be disappointed. Further information from John Richardson.

Member Maggie Jackson of our Writing Group and herself a published writer is offering a **Poetry Writing & Reading Group**. Members interested in this group please contact John Richardson to enable progress.

A member has suggested a **Bridge Group**. If you would be interested in this popular activity please contact John Richardson.

u3as around the country do organise what appear to be unusual or even unlikely interest groups which turn out to be very popular for the groups concerned. Bus Pass and **Blue Badge** Groups are just two I have come across recently. We are always interested in your thoughts regarding Interest Groups. Share your ideas with me or any Committee member and watch this space.

John Richardson [rich.johnh@hotmail.com](mailto:rich.johnh@hotmail.com) 0780 329 6603

### ***Do you have experience editing a Wordpress website?***

Do you have experience editing a Wordpress website? Or maybe you would like to learn. The new Selby and District u3a website uses Wordpress and we would like to have a

website editing team. Please email Helen Billington if you are interested - [Helen.billington@gmail.com](mailto:Helen.billington@gmail.com)

***Other Events (non u3a) that you may be interested in...***

Wednesday 13<sup>th</sup> November – Guitars + are playing a set for the Dementia Support Group

Saturday 16<sup>th</sup> November – Selby u3a's video "Guided by Swans" will be shown at Selby Library at 10.00 and 11.00. The video lasts 20 minutes and the event is free.

***If you don't use email...***

If you don't use email, you can collect your copy of the Newsletter at our monthly General Meeting. However, if you can't attend or someone can't collect one for you, we will still deliver one to you.

***Thank you*** to everyone who contributed to this Newsletter at such short notice. The next Newsletter will be for December/ January; Pam Overson is your new Editor and she'll be in touch later this month to find out what you've been doing. If you already have something you'd like included you can contact her [here](#).

## **Selby & District Groups Calendar November 2024**

For further information on any of these Interest Groups, or Selby & District u3a generally, please visit our website Selby & District u3a or call us on 07908 572852.

**Drop In for A Cuppa**  
**2<sup>nd</sup> & 4<sup>th</sup> Wednesday**  
**10.00-12.00**  
**Barco Lounge, Market Cross,**  
**Selby**

**Monthly General Meeting**  
**1<sup>st</sup> Wednesday of the month**  
**10.00-12.00**  
**Thorpe Willoughby Village**  
**Hall**

Anytime	Allotments	Peter Robinson	Westbourne Road
Varied times	Knife and Fork	Jan Tetley	Various Locations
Every Monday 10.00 -12.00	Monday Crafts	Sue Davison	Selby Bowling Club
Most Mondays 10.00 – 12.00 (Not 4 <sup>th</sup> Monday)	Writing	Imelda Dickinson	Various locations
Every Monday 1.30 - 3.30	Guitars+ (Name reverted back)	Carol Hewan	Selby Bowling Club
Every Monday 2.00 -4.00	Art	Eddie Roberts Rita Braithwaite	Thorpe Willoughby Village Hall
1 <sup>st</sup> Monday 1.30 –2.30	Confab 2	Michael Hewan	ZOOM
4 <sup>th</sup> Monday 10.00 – 12.00	Writing Workshops	Imelda Dickinson	St Wilfred's Court
Every Tuesday 10.00 – 12.00	Knit and Natter	Annella Law	Selby Bowling Club
Every Tuesday 2.00 – 4.00	Board Games	Kay McSherry	4 Southview, Osgodby
2 <sup>nd</sup> Tuesday 2.00 – 4.00	Engineering Past & Present (formerly Steam & Steel)	Patrick Bennett Julie Wilkinson	Selby Bowling Club
3 <sup>rd</sup> Tuesday 11.00 -1.00	Military History	Mike Cowling	Selby Bowling Club
3 <sup>rd</sup> Tuesday 2.00 – 4.00	Photography	Mike Cowling Celia Barnes	Selby Bowling Club
Every Wednesday 1.00-2.00	Wednesday Tai Chi	Anne Nelmes	Brayton Scout Hut
Every Wednesday 2.00 – 3.00	Aerobics/Exercise	Kay McSherry	Osgodby Methodist Church Hall
2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday 1.00	Velo U3A	Joanne Sharpe	Various Meeting Points
Every Thursday 9.30 – 11.30	Chess	Alan Preene	Selby Bowling Club

Every Thursday 2.00	Thursday Tai Chi	Anne Nelmes	Brayton Scout Hut
1 <sup>st</sup> Thursday 10.00 – 12.00	Thursday Crafts	Helen Billington	Selby Bowling Club
1 <sup>st</sup> Thursday 2.00 – 4.00	Dark Skies	Joanne Sharpe	Selby Bowling Club
2 <sup>nd</sup> Thursday 10.00	Walking	Helen Billington	Various Locations
2 <sup>nd</sup> Thursday 2.00 – 4.00	Board Games, Backgammon, Mahjong.	Maureen Sherry	Selby Bowling Club
3 <sup>rd</sup> Thursday 10.30 – 12.00	Family History	Margaret Cromack	Selby Bowling Club
3 <sup>rd</sup> Thursday 10.00	Wellbeing Walks	John Richardson	Various locations
4 <sup>th</sup> Thursday 10.00	Longer Walks	John Duffy	Various Locations
Every Friday 2.00	Friday Tai Chi	Anne Nelmes	Brayton Scout Hut
1 <sup>st</sup> Friday 2.00 – 4.00	Local History	Michael Hewan	Temporally Suspended
2 <sup>nd</sup> Friday 9.30 – 11.30	Floral Art	Rita Braithwaite	Selby Bowling Club
2 <sup>nd</sup> Friday	Garden Visits	Ros Low	Various Locations
3 <sup>rd</sup> Friday 9.30 – 11.30	Textile Artists	Rita Braithwaite	Selby Bowling Club
3 <sup>rd</sup> Friday 3.00	Flyleaf Books	Imelda Dickinson	Selby Library
4 <sup>th</sup> Friday 2.00 – 4.00 (Next Meeting 29 <sup>th</sup> November)	Philosophy	Lindsay Gee	Selby Bowling Club
Last Friday 9.30 – 12.00	Friday Crafts Workshop	Anne Selwyn	Selby Bowling Club