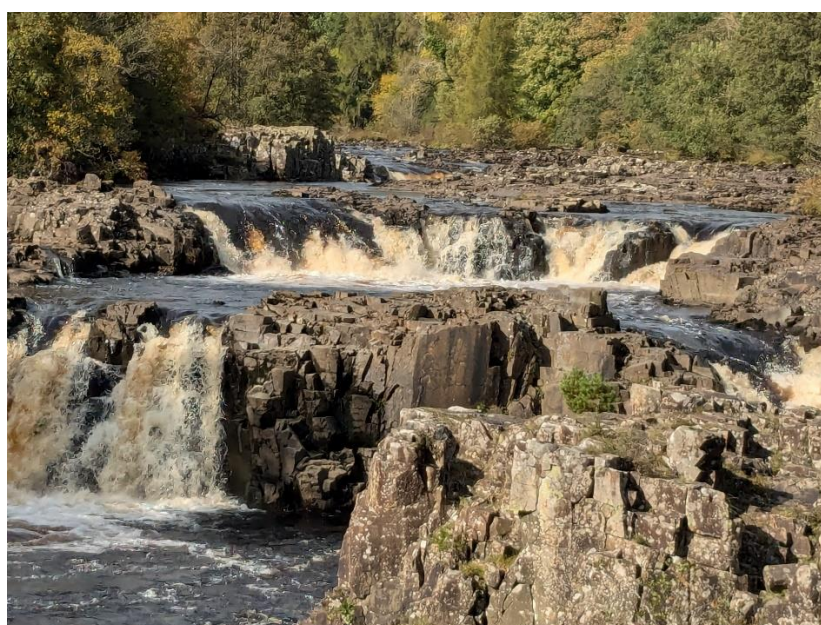


Selby & District

u3a

Newsletter

August 2025



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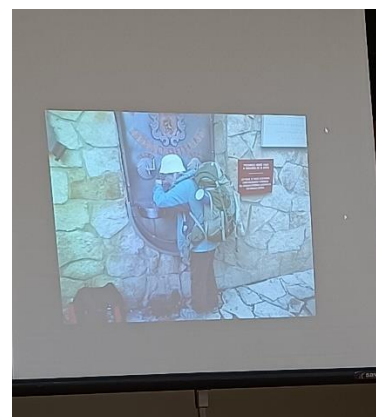
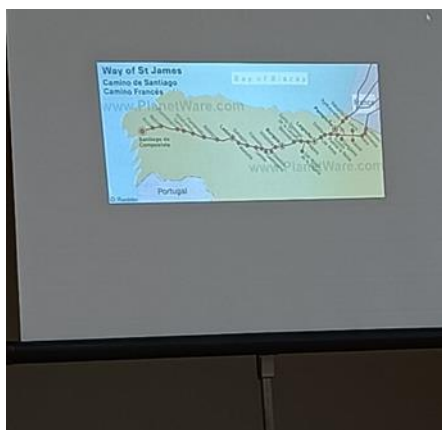
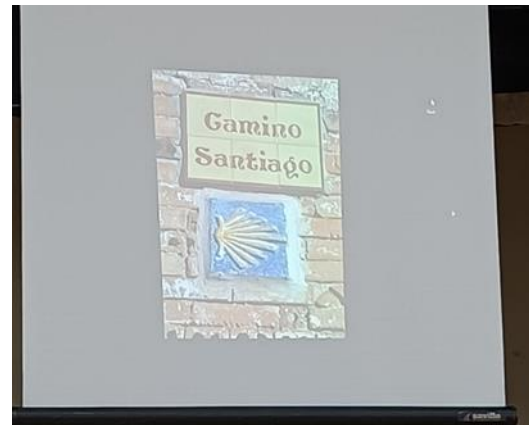
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Hello everyone and welcome to Selby & District u3a August Newsletter

Well the weather has cooled down to an acceptable level now but still no rain, no doubt once it starts it will forget how to stop. Where would the English be without the weather to discuss, we'd all be tongue tied! 😊

Our July meeting seemed to be a success, the speaker was very interesting and amusing although she didn't manage to persuade me to walk the Camino trail even with all her helpful tips. Anyone thinking of going?.....No I thought not but I'm happy to be proved wrong!

If anyone has any raffle prizes they can spare these would be very welcome if you could bring them to the meeting.. Also if you hear of any local fete's etc where we could possibly have a recruiting table we would be grateful to have the details.



For our August meeting we have a Yorkshire Quiz from Jan Tetley and I'm told there is a prize for the winner. As this meeting is a quiz we will be needing the tables put out and we are struggling for help. If you could come a bit early to help, even if only this once please contact maureensherry3@gmail.com. Also it would be helpful if you could bring your own pen. Thanks

Our September meeting we will be hearing about the “Idiots Guide to Yorkshire” which should be amusing. We will also have the usual raffle, drinks and biscuits.

Our October meeting will be on the theme of Harvest Festival and there will be a produce table for fruit, veg, jams or chutney. All money raised from the sale of your donations will go to the Yorkshire Air Ambulance along with any money left on the book table. We will be requesting an official box from them for donations which will appear on the book table as soon as we receive it.

Our November Meeting will include the following as well as our usual speaker and raffle. This is in aid of Cancer Research in case you haven't heard about it.



Our December meeting will be our Christmas celebration with tables from some of our groups, along with festive cake/biscuits and a free raffle ticket for everyone. The children from the local school will also be coming to entertain us again with some Christmassy songs.

Our January meeting will be our celebration of Selby and District u3a 10th anniversary. More details will follow closer to the date.

A final note:- **Facebook page**

Whilst the committee is always happy for individual members to post items on our Facebook page that they think may be of interest to other members, please remember that nothing of a political nature is to be posted and that any such post will be removed immediately. Thank you.

Skill Sharing

Technology is advancing at a very fast pace as we all know, too fast for some of us! We have members who struggle with the internet and emails and others who tell us they can't cope with internet banking and don't really understand how their phone works apart from making calls.

If you are lucky enough to have these skills would you be prepared to help others, either in a small group or on a one-to-one basis?

We would be very happy to hear from anyone who thinks they can help out even as a one off. If you would like to do this please email anneselwyn@hotmail.com or myself, pamelaoverson@gmail.com

Thanks.

News from the Groups

Knife and Fork Group

In July the Knife and Fork coffee group visited Digbys Cafe. They were very welcoming to our group of 15.

We will be visiting again for lunch



The Chess Group

The Chess Group have started having games against the clock. To begin with, as this is new to most of us, we are taking a relaxed approach with the aim of having a tournament within the group once our experience of timed moves improves.

Don't know what playing against the clock means? Don't worry new members are welcome and all will be explained.

Our longer term aim is to have tournaments with other u3a Chess groups, at which clocks are mandatory.

Guitar Group

Four members of the guitar group are playing for a private social at Gatefoth Park on Saturday, 2nd August.

Longer Walks

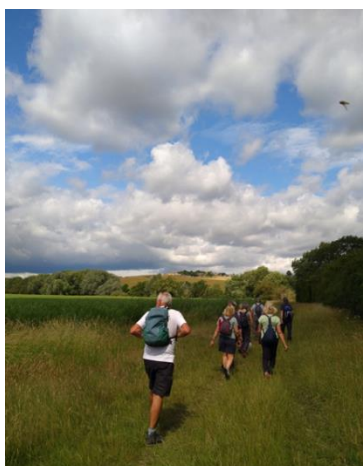
The June walk for the Longer Walks group lived up to its name. Half way around we were informed that a footpath had been closed due to strangles (a disease infectious to horses, and possibly spread by Shank's pony?). This caused us to extend the walk by over a mile.

Nine of us + one dog met at East Keswick (near Harewood) and after leaving the village the initial phase of the walk led down a path towards the River Wharfe, narrowed by all sorts of vegetation.



Upon reaching the river the path opened up as we followed the route between the river and fields. Red kites and a heron were spotted.

Then Lunch was taken at Harewood village, before diverting through the edge of the Harewood estate and back to East Keswick. Total distance, just over 10 miles.



Local History

Places left on the visit to Skipwith Community Gateway. Project on Tuesday 26th August 2.30. Jon Kenny community archaeology will talk us through the work which is being done in that area. Due to uneven surface walking shoes are required.

Contact Jan Tetley to book

01757 707987 and leave your name and number or email on tetleyjan@gmail.com

Military History.

Members were treated to a well researched and in depth presentation by Steve Wilks (correct) on the forming of the Commonwealth War Graves Commission and the poet, Rudyard Kipling's, involvement.

Referring back to Kipling's poetry Steve introduced us to the British Indian army water carrier, Gunga Din, who was then linked, via the death in WW1 of Kipling's son John to CWGC's grave in Yapham churchyard near Pocklington. Members heard that the CWGC is the largest horticultural organisation in the world with a staff of 850 gardeners. The group is not meeting in August but will be visiting the Yorkshire Air Museum in September.

Friday Textile Art Group



Art Group

“Holiday memories from yesteryear” get a stunning reception

During June, the generic group topic was holidays past and present with a challenge to produce art that depicted a personal holiday related memory. The group as always rose to the challenge with great enthusiasm and generated results of all shapes and sizes depicting well-known locations, people, landscapes, flora and fauna. Their creations were showcased at an in-house exhibition for all to enjoy and were very well received.

More monthly topics are planned over the coming months and the Committee are under pressure to generate more interesting topics to spark the art group members' imagination. The August topic will be revealed at the next meeting. We look forward to seeing more interesting art work in the coming months!



Getting to grips with sketching and using watercolour

Julie Harrand has delivered a two part workshop around sketching and watercolour. The first session gave instructions on generating a simple still life drawing with a focus on tones and shading. The second session followed on from the drawing to produce the same subject in watercolour. This second workshop looked to build the tones starting with a pale wash working on to mid and dark tones to produce a realistic painting at the end. For some of the newer members attending this was the first time they had looked in detail at the techniques of drawing and watercolour to generate a realistic picture.

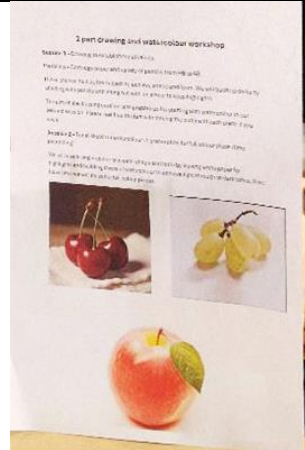
The workshops were very well received and were so popular that Julie kindly agreed to run on a 2nd set of workshops to meet the demand. We thank Julie for the extensive time and effort put into organising and delivering these. The feedback was very positive with those attending confirming that their understanding of sketching, shading and using watercolour to build up texture and realism of their work had increased greatly.



Some of the finished results from the workshops.



(Julie demonstrating colourwashing to the group)



More workshops are planned in the future across a range of topics.

2025 Speaker List

August 6 th	Jan Tetley	Yorkshire Quiz
September 3 rd	Jeff Jacklin	The Idiots Guide to Yorkshire
October 1 st	Patti Gold	An Amusing look back at my life in Showbiz
November 5 th	Peter Mathers	Municipal Marvels
December 3 rd	Christmas programme including carols from the children of Thorpe Willoughby Primary School	

Thought for the week 😊

If you obey

All the rules

You miss

All the fun!

Interest Groups Calendar

For further information on any of these interest groups, or Selby & District u3a in general, please visit our website [Selby & District u3a](http://www.selbyanddistrictu3a.co.uk)

Drop in for a Cuppa
2nd & 4th Wednesday
10.00 – 12.00
Barco Lounge, Market Cross,
Selby

Monthly General Meeting
1st Wednesday of the month
10.00 – 12.00
Thorpe Willoughby Village Hall

Activity	Day	Time	Venue	Leader
Aerobics/Exercise	Wednesday	2.00 – 3.00	Osgodby Methodist Church Hall	Kay McSherry
Allotments	Any time		Westbourne Road	Peter Robinson
Art	Monday	2.00 – 4.00	Thorpe Willoughby Village Hall	Janet Howley Julie Harrand Eddie Roberts
Board Games	Tuesday	From 1.30	4, South View, Osgodby	Kay McSherry
Board Games Backgammon Mahjong	2 nd Thursday	2.00 – 4.00	Selby Bowling Club	Maureen Sherry
Chess	Thursday	9.30 – 11.30	Selby Bowling Club	Alan Preene
Dark Skies	1 st Thursday	2.00 – 4.00	Selby Bowling Club	Michael Hewan
Engineering Past & Present (Formerly Steam & Steel)	2 nd Tuesday	2.00 – 4.00	Selby Bowling Club	Patrick Bennett Julie Wilkinson
Family History	3 rd Thursday	10.30 – 12.00	Selby Bowling Club	Margaret Cromack
Floral Art	1 st Friday	9.30 – 11.30	Selby Bowling Club	Rita Braithwaite
Flyleaf Books	3 rd Friday	3.00	Selby Library	Imelda Dickinson
Friday Crafts Workshop	Last Friday	9.30 – 12.00	Selby Bowling Club	Anne Selwyn

Garden Visits	2nd Friday		Various locations	Ros Low
Guitars+	Every Monday	1.30 – 3.30	Selby Bowling Club	Carol Hewan
Knife & Fork	Varied times		Various locations	Jan Tetley
Knit & Natter	Every Tuesday	10.00 – 12.00	Selby Bowling Club	Annella Law
Local History	Various		Various	Jan Tetley
Longer Walks	4 th Thursday	10.00	Various locations	John Duffy
Military History	3 rd Tuesday	11.00 – 1.00	Selby Bowling Club	Mike Cowling
Monday Crafts	Every Monday	10.00 – 12.00	Selby Bowling Club	Sue Davison
Philosophy	4 th Friday	2.00 – 4.00	Selby Bowling Club	Lindsay Gee
Photography	3 rd Tuesday	2.00 – 4.00	Selby Bowling Club	Mike Cowling Celia Barnes
Textile Arts	3 rd Friday	9.30 – 11.30	Selby Bowling Club	Rita Braithwaite
Thursday Crafts	1 st Thursday	10.00 – 12.00	Selby Bowling Club	Helen Billington
Walking	2 nd Thursday	10.00	Various locations	Helen Billington
Wellbeing Walks	3 rd Thursday	10.00	Various locations	John Richardson
Writing	Most Mondays (not 4 th Monday)	10.00 – 12.00	Various locations	Imelda Dickinson
Writing Workshops	4 th Monday	10.00 – 12.00	St. Wilfred's Court	Imelda Dickinson

Could Group Leaders check that the information for their group is correct and if not please let me know asap.

Thanks